

Types of Empathic Abilities (from Christel Broederlow- Mojan.com)

Psychometry - the empathic ability to receive energy, information and impressions from objects, photographs or places

Telepathy - the empathic ability to read people's thoughts

Mediumship - the empathic ability to feel the presence and energies of spirits

Physical Healing - the empathic ability to feel other people's physical symptoms in your own body (and often the ability to heal, transform or transmute them)

Emotional Healing – (also referred to as Intuitive or ClaireEmpathy) the empathic ability to feel another person's emotions

Animal Communication - the empathic ability to hear, feel and communicate with animals

Nature - the empathic ability to read, feel and communicate with nature and with plants

Geomancy - the empathic ability to read the energy of places and of the land - geomancers can feel the energies of the Earth, such as Ley lines. They can also get headaches, pain or anxiety before earthquakes or other disasters occur anywhere on the planet.

Precognition - the empathic ability to feel when something important is about to happen (often this can be a feeling of inexplicable dread or doom)

Claircognizance or Knowing - the empathic ability to feel what needs to be done in any given circumstance, often accompanied by a feeling of peace and calm, even in the midst of a crisis.

****Remember that those with psychic empathic traits are not only able to receive and pick up energy, but they can also project healing energy. The reason that empaths pick up on energy and information in the first place is **because they have the power to do something about it.**